

## Agenda yDiv Postdoc Retreat 2025:

### Leading the Future: Leadership Skills for Postdocs in Science

What makes a good leader? There's more than one answer to that. But at its heart, good leadership is dynamic and relational, because no two situations are the same, and you're leading actual people.

Different situations need different leadership styles: Holding your ground in a faculty meeting needs you to show up differently than when leading your team or co-writing a grant proposal with peers. In interactive workshops, we will work with leadership challenges in the context of being a Post-Doc.

**Date: 17 – 19 September 2025**

**Konrad-Martin-Haus**

**Am Rechenberg 3-5, 06628 Naumburg - OT Bad Kösen**

#### Wednesday, 17 September 2025

##### **Workshop 1: Holding your ground as a leader**

**Regina Vogel, PhD.**

**CPCC, PCC, ICF Certified Professional Coach**

##### **Workshop 2: Enrolling Others**

**Regina Vogel, PhD.**

**CPCC, PCC, ICF Certified Professional Coach**

10:30 – 11:00 am	<b>Arrival at Konrad-Martin-Haus, Bad Kösen</b> <i>Train from Leipzig at 9:09 am (arrival at 10:06 am)</i> <i>Train from Halle 9:27 am (arrival at 10:14 am)</i> <i>Train from Jena at 9:19 am (arrival at 9:46)</i> <i>→15-20min walk from the train station to Konrad-Martin-Haus</i>
11:00 – 12:00 pm	<b>Welcome &amp; Kick-Off: Get to know each other</b>
12:00 – 1:00 pm	<i>Lunch Break</i>
1:00 – 3:00 pm	<b>Workshop 1</b> <i>Holding your ground as a leader</i>
3:00 – 3:30 pm	<i>Coffee break</i>
3:30 – 5:30 pm	<b>Workshop 2</b> <i>Enrolling Others</i>
5:30	<i>Dinner BBQ + get together</i>

**Thursday, 18 September 2025****Workshop 3: The Art of Alignment****Regina Vogel, PhD.****CPCC, PCC, ICF Certified Professional Coach****Workshop 4: Leader as Coach****Regina Vogel, PhD.****CPCC, PCC, ICF Certified Professional Coach**

8:00 — 9:00 am	<i>Breakfast</i>
9:00 — 12:00 pm	<b>Workshop 3</b> <i>The Art of Alignment</i>
12:00 — 1:30 pm	<i>Lunch break</i>
1:30 — 15:30 pm	<b>Workshop 4</b> <i>Leader as Coach</i>
15:30	Social event (to decide yet)
From 6:00 pm	<i>Dinner</i>

**Friday, 19 September 2025****Workshop 5: Bringing it all Together****Regina Vogel, PhD.****CPCC, PCC, ICF Certified Professional Coach**

8:00 — 9:30 am	<i>Breakfast and vacate rooms</i>
9:30 — 12:30 pm	<b>Workshop 5</b> <i>Bringing it all Together</i>
12:30 — 2:00 pm	<i>Lunch &amp; Departure</i>